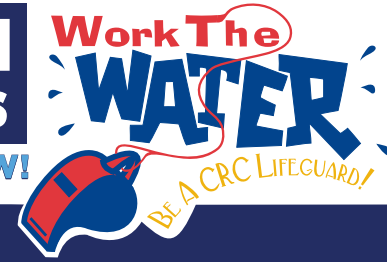


# New Lifeguard Certification Courses 2022

COURSE	LOCATION	DATES & TIMES
COURSE #1	Mt. Auburn Pool 2034 Young St., 45219	Required Pre-screening: November 30 from 7:00 to 9 p.m. December 2, 3, 7, 9, 10, 14, 16, 17 from 5 p.m. to 9 p.m.
COURSE #2	Mt. Auburn Pool 2034 Young St., 45219	Required Pre-screening: January 6 from 7:00 pm to 9 pm Jan 7 & 14 from 5 to 9 p.m. Jan 8, 9, 15 and 16 from 9 a.m. to 5 p.m.
COURSE #3	Mt. Auburn Pool 2034 Young St., 45219	Required Pre-screening: January 27 from 7:00 to 9 p.m. January 28 & February 4 from 5 p.m. to 9 p.m. Jan. 29, 30 & Feb. 5, 6 from 9 a.m. to 5 p.m.
COURSE #4	Mt. Auburn Pool 2034 Young St., 45219	Required Pre-screening: February 17 from 7:00 to 9 p.m. February 18 & 25 from 5 p.m. to 9 p.m. February 19, 20, 26, 27 from 9 a.m. to 5 p.m.
COURSE #5	Mt. Auburn Pool 2034 Young St., 45219	Required Pre-screening: March 3 from 7:00 to 9 p.m. March 4 & 11 from 5 p.m. to 9 p.m. March 5, 6, 12, 13 from 9 a.m. to 5 p.m.
COURSE #6	Walnut Hills High School 1515 Jonathan Ave. 45207	Required Pre-screening: March 28 from 9 to 11 a.m. March 28 from 12 to 5 p.m. March 29, 30, 31, April 1 from 9 a.m. to 5 p.m.
COURSE #7	Mt. Auburn Pool 2034 Young St., 45219	Required Pre-screening: March 31 from 7:00 to 9 p.m. April 1 & 8 from 5 p.m. to 9 p.m. April 2, 3, 9, 10 from 9 a.m. to 5 p.m.
COURSE #8	Mt. Auburn Pool 2034 Young St., 45219	Required Pre-screening: April 21 from 7:00 to 9 p.m. April 22 & 29 from 5 p.m. to 9 p.m. April 23, 24, 30, May 1 from 9 a.m. to 5 p.m.
COURSE #9	Mt. Auburn Pool 2034 Young St., 45219	Required Pre-screening: May 5 from 7:00 to 9 p.m. May 6 & 13 from 5 p.m. to 9 p.m. May 7, 8, 14, 15 from 9 a.m. to 5 p.m.
COURSE #10	Ryan Pool 2856 Fischer Pl., 45211	Required Pre-screening: May 31 from 9 to 11 a.m. May 31 from 12 to 5 p.m. June 1, 2, 3, 4 from 9 a.m. to 5 p.m.
COURSE #11	Ryan Pool 2856 Fischer Pl., 45211	Required Pre-screening: June 6 from 9 to 11 a.m. June 6 from 12 to 5 p.m. June 7, 8, 9, 10 from 9 a.m. to 5 p.m.
COURSE #12	Ryan Pool 2856 Fischer Pl., 45211	Required Pre-screening: June 13 from 9 to 11 a.m. June 13 from 12 to 5 p.m. June 14, 15, 16, 17 from 9 a.m. to 5 p.m.
COURSE #13	Ryan Pool 2856 Fischer Pl., 45211	Required Pre-screening: June 20 from 9 to 11 a.m. June 20 from 12 to 5 p.m. June 21, 22, 23, 24 from 9 a.m. to 5 p.m.
COURSE #14	Ryan Pool 2856 Fischer Pl., 45211	Required Pre-screening: June 27 from 9 to 11 a.m. July 27 from 12 to 5 p.m. June 28, 29, 30, July 1 from 9 a.m. to 5 p.m.

## FREE Lifeguard Training Courses

GET YOUR SUMMER JOB NOW!



**Pre-register at [cincyrec.org/Pools](http://cincyrec.org/Pools) OR just show up and come prepared to swim!**

- Work the Water with CRC! Pay rates start at \$11.01per hour.
- Course is **FREE** for those who work full-time for CRC for the entire 2022 summer season!
- Course fee is \$400 for non-CRC lifeguards.
- All students must have or purchase the current American Red Cross Lifeguard manual for use during the course (\$35).
- Participants must turn 15 by the end of the lifeguard course.
- Attendance at pre-screening and every class within the course is mandatory.\*
- It is recommended you complete at least one pre-lifeguard class prior to the lifeguard training course (see reverse side)

### Course Entrance Requirements

1. 300 yard continuous swim, front crawl and/or breast stroke.
2. Swim 20 yards to the deepest end of the pool, surface dive to 10 feet, retrieve a 10 pound brick, return to the surface and swim back to the starting point, keeping face at/near surface, holding the 10 pound brick with both hands.
3. Tread water for 2 minutes using legs only.

### Course Includes

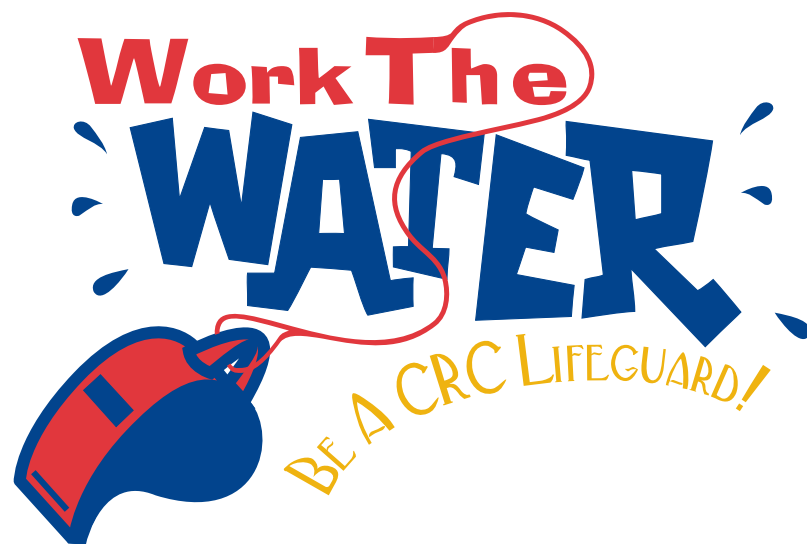
American Red Cross  
Lifeguarding/First aid/CPR/AED  
for the Professional Rescuer



# PRE-LIFEGUARD Courses are FREE!

Pre-Lifeguard Classes are swim sessions to teach and refine swimming skills in preparation for American Red Cross Lifeguard Training Courses.

- Registration at the pool is available.
- Classes are for ages 14 and older (adults and seniors are welcome!)
- It is recommended you complete at least one Pre-Lifeguard Class prior to a Lifeguard Training Course.
- Attend as many classes as you need to be ready to successfully complete the upcoming Lifeguard Course swimming entrance requirements!
- **START ANYTIME!**



**DATES: October 11–December 16, 2021**

**January 10–May 4, 2022 DAYS: Monday through Thursday**

**TIME: 7:00 p.m. to 9:00 p.m.**

**WHERE: Mt. Auburn Indoor Pool (2034 Young Street, 45219)**



**Lifeguard Training Courses are happening now! See reverse side for details.**