

Cincinnati Recreation Commission

Therapeutic Recreation



PROGRAM GUIDE

Program & Registration Information for: **March - August 2012**

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Also available on-line at www.cincyrec.org/TR

Inspiring Today. Strengthening Tomorrow.

Dear Participants and Families,

Happy Spring! What a difference a year makes! I am excited to tell you that the Division of Therapeutic Recreation has moved into its new offices at the LeBlond Recreation Center. The Center is located at 2335 Riverside Drive in the Historic East End neighborhood of Cincinnati. LeBlond was renovated in 2006, is completely accessible, and we are looking forward to adding TR and Inclusive programs at the Center! We have a fitness center, a gym, an outdoor pool, and other program spaces. Please come by to visit us and check us out on your own—or, plan to attend our upcoming Open House on Friday, March 16, from 5:30 – 7:30 pm (see opposite page).

Our Spring and Summer Program Guide is full of new programs! You will be able to download a digitized version of the program guide from your own home, or, you can continue to receive it through the mail. The choice is yours. Please feel free to contact me with your suggestions and comments regarding current programming and ideas for future programs.

Regards,

Alayne M. Kazin, CTRS

Alayne M. Kazin, CTRS
 Service Area Coordinator
 Division of Therapeutic Recreation
 (513)352-4945

GET ACQUAINTED

With our Full-Time Staff!



Alayne M. Kazin, CTRS, M.A.
 TR Service Area Coordinator
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alayne.kazin@cincinnati-oh.gov



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 TR Program/Inclusion Specialist
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Sandy Cloud-Heyob
 TR Office Manager
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Katie Lear
 Community Center Director
 (513)352-4056
katie.lear@cincinnati-oh.gov

Therapeutic Recreation



HAS MOVED their offices and is having an **Open House**

**TR's NEW ADDRESS at LeBlond Recreation Center:
2335 Eastern Avenue 45202**

Same main phone # (513) 352-4028 & Same staff extensions

**OPEN HOUSE ~
Friday, March 16 ~ 5:30-7:30pm**

Open to Everyone!

See our NEW Facility! Meet the Staff! Experience adapted activities!

Cincinnati Recreation Commission

www.cincyrec.org • InfoLine: 352-4000



Recreation programs and facilities are open to all citizens regardless of race, gender, color, religion, nationality or disability. CRC is an Equal Opportunity Employer and is committed to supporting the Americans with Disabilities Act. Please call if you require any special accommodations.



Cincinnati Recreation Commission

Division of Therapeutic Recreation

The Cincinnati Recreation Commission's Division of Therapeutic Recreation offers a continuum of leisure services for individuals with disabilities that promote a healthy lifestyle as well as the opportunity to participate in high-quality recreational and cultural experiences in the community. As advocates for individuals with disabilities we provide inclusive and therapeutic recreation programming choices and promote accessibility at all CRC facilities. Many of our full-time CRC Therapeutic Recreation Program Staff are Certified Therapeutic Recreation Specialists (CTRS).

Inclusion Support Services

We provide a consultative approach to supporting individuals with disabilities in all CRC programs and facilities. Our goal is to provide opportunities for inclusion that reduce the physical, programmatic and attitudinal barriers. In addition to providing support to CRC facilities, we act as a resource to our community in areas such as advocacy, disability awareness and disability training.

Therapeutic Recreation Services

We implement goal-oriented programs for individuals with disabilities which promote a healthy lifestyle as well as providing exposure to cultural experiences in the community. Our programs encourage the development of physical, social, emotional and cognitive skills to enhance the quality of life, while preparing each person for leisure involvement in their community through the delivery of:

- Programs for persons with cognitive impairments
- Programs for persons with physical impairments

What is a CTRS?

A Certified Therapeutic Recreation Specialist (CTRS) has acquired a body of knowledge including theory, philosophy and practice that spans a wide range of disabling conditions and illnesses. When that knowledge is applied, the CTRS addresses the total person and the associative life factors that may apply to their specific disability or illness.

Professional recognition is granted by NCTRC to individuals who apply and meet established specific standards for certification, which include education, experience, and continuing professional development. The CTRS certification is granted after those specific qualifications have been met and the candidate has successfully completed the national computerized certification exam.

Our Programs

The programs identified in this guide are designed to meet the needs and interests of individuals with mental, physical, learning and emotional disabilities. While some programs can accommodate participants of varying levels of ability, other programs have specific skill requirements due to the nature of the activities. Specific skill requirements, if necessary, are included in the program descriptions. If you have questions about a program or level of assistance provided, please contact any of the TR Staff listed on page 2.



Recreation programs and facilities are open to all citizens regardless of race, gender, color, religion, nationality or disability. CRC is an Equal Opportunity Employer and is committed to supporting the Americans with Disabilities Act. Please call in advance if you require special accommodations.



Inclusion & Accommodations

Individuals with disabilities are not limited to therapeutic recreation services. If you are looking to add a little flavor to your leisure lifestyle . . . try your hand at Inclusion! In addition to our therapeutic recreation programs, individuals with disabilities are welcome to participate in any Cincinnati Recreation Commission program through our Inclusion Services. The TR staff will assist you in identifying programs, registering and requesting accommodations.

What is Inclusion?

Inclusion is individuals with and without disabilities participating in recreational activities together.

Inclusion Support Services

The TR Division's "Inclusion Team" was created to assist CRC's recreation center staff with accommodations, education, and materials to aid them in including individuals with disabilities in their programs and activities.

Types of Accommodations

- Changes in Rules and/or Policies
- Assistance with ADLs (activities for daily living)
- Architectural Changes
- Adaptive Equipment
- Increased Supervision
- Behavior Supports
- Training for Staff
- Boardmaker Tools for Communication



How to Request an Accommodation

If you feel an accommodation would be beneficial or necessary, please request an Accommodation and Assessment Form at the time of registration at the recreation center. This document is used to formally request additional assistance you may require.

Inclusive Programs for 50+

The Therapeutic Recreation Division is working with the Senior Division to include individuals with disabilities and/or arthritis into all CRC programs. CRC's Senior Division provides services for individuals who are 50 or older. If you are interested in participating in these programs, the Therapeutic Division staff will work with the Senior Division staff to provide the accommodations needed for you to successfully participate. The Senior Division offers an array of programming—Senior Olympics, line dancing, art classes and outings. Programs are available at 16 recreation centers across the city—typically providing services during the daytime hours. These programs are developed for seniors without disabilities; therefore, there is a level of independence needed to participate. Accommodations could include changes in rules or policies, assistance with ADLs (activities for daily living), adaptive equipment, and increased supervision and training for staff. We hope you will consider participating in some of these great programs!

Please call Whitney at (513)352-4971 if you have any questions about our Inclusion Services!

Accommodations Get The Job Done!

Therapeutic Recreation Summer Day Camps

Our Therapeutic Recreation (TR) Summer Day Camps provide well planned, age-appropriate activities designed to promote the development of motor skills, self-help and other related areas. Camp programs include swimming, sports, games, crafts, music, field trips and other fun activities. Participants should bring a packed lunch each day. Our specialized camps serve teens, ages 13 – 18. The fee for our nine-week program is \$2,000.

- New this year, TR Summer Day Camps will be held **Monday through Friday, from 10 am to 3 pm.**
- Camp begins Monday, June 18 and continues through Thursday, August 16.

Camps Offered

Location	Ages	Min/Max	Code	Fee
Dunham Recreation Complex	13 – 18	5 – 15	DU12	\$2,000
LeBlond Recreation Center	13 – 18	5 – 15	LB12	\$2,000

Registration and Payment

To register for camp, please complete a Program Registration Form and submit it along with your payment of \$2,000. Or, if you would prefer to pay the fee in installments, you may follow the schedule below. **Please Note: The registration fee for the TR Summer Day Camp must be paid in full prior to the start of camp.**

- Submit a deposit of \$200 with your registration form.
- Second payment of \$600 is due by Friday, April 13.
- Third payment of \$600 is due by Friday, May 18.
- Fourth payment of \$600 is due by Friday, June 15.

Financial Assistance

CRC's Division of Therapeutic Recreation is a certified Medicaid Waiver Provider and will except individuals who have Level 1 and I/O waivers. You must let your Service Facilitator know of your interest in our program so that they can revise your child's "My Plan" and begin a worksheet. We will also accept Family Support Services Vouchers and ESY funding from your child's school.

If you plan to apply for assistance through the Medicaid Waiver Program, the Family Support Services Program, or ESY Funding, please provide us with a copy of that information when you submit your registration form and payment. **Parents/Guardians that will be paying with Medicaid Waivers, Family Support Services Vouchers, or ESY Funding are required to include a \$200 deposit (not a voucher), along with their Program Registration Form, to secure a TR Summer Day Camp Placement.** This deposit will be returned when full payment for the 2012 TR Summer Day Camp is received.

Once registration is received, additional camp information will be mailed to you prior to the start of camp.

Fun



in the Summer Time!

Inclusive Summer Day Camp for Ages 6-12

The Cincinnati Recreation Commission provides inclusive day camp opportunities for children with disabilities, ages 6-12, by including them in day camps for children without disabilities. These youth camps are offered at a variety of recreation centers located throughout the city, and are held Monday through Friday with extended hours available (7 am to 6 pm at most locations). A wide variety of activities are offered, including crafts, sports, swimming, field trips, theme days and more.

If you are interested in finding out more about these inclusive camps, please contact the CRC Recreation Center in your neighborhood, or visit our website at www.cincyrec.org.

You may also find a list of CRC Recreation Centers on the back page of this program guide.

- **Please Note: Inclusive camp registration is completed at the recreation center by the child's parent/guardian, and not through the Division of Therapeutic Recreation.** Some CRC camps fill to capacity very early. Please call as soon as possible to begin the registration process. By registering early, we are able to do a more thorough assessment to ensure the necessary accommodations.
- **When registering your child for camp, please request an accommodation for your child.** The center staff will contact the TR Inclusion Team who will then complete an assessment, provide on-going support for inclusion placements, and assist center staff in providing for the needs of your child.
- **We ask parents/guardians to thoroughly research each facility** (i.e. review logistics and do a site visit) to determine if the program structure is a good fit for your child.

Inclusive "Tots" Programs at LeBlond Center

Thursday Fun Programs

Each of the following classes is for ages 3 – 5. They each cost \$5 and take place at the LeBlond Recreation Center from 10 am – 12 pm. For additional information, please contact Katie at (513)352-4056. **Pre-Registration is required.**

March 29: Egg-Tastic

April 5: Superhero

April 12: PJ and Pizza Party

April 19: Pound Puppy

April 26: Heehaw Hoedown

May 3: It's a Jungle in Here!

May 10: Let's Go Fishin'

May 17: Mother's Tea

Instructional Soccer

Children will make new friends while learning the basic skills of soccer through age-appropriate drills and activities. They will also learn to pass, dribble, shoot, and have fun while they're at it! This is an instructional program, and not a league. For additional information, please contact Katie at (513)352-4056. **Pre-Registration is required.**



Ages: 3 – 5
Day: Wednesday
Begin/End: April 4 – May 9
Time: 4:30 – 5:00 pm
Location: LeBlond Recreation Center
Code: ISLB12
Fee: \$12

Inclusive Summer Camp for Tots

Enroll your child in our LeBlond Recreation Center's Inclusive Summer Camp Program for Tots! This fun program takes place in July, and is sure to delight your child. Campers will enjoy arts and crafts activities, games, swim lessons, and a great snack, too! For additional information, please contact Katie at (513)352-4056. **Pre-registration is required.**

Ages: 3 – 5
Days: Tuesdays and Thursdays
Begin/End: July 3 – July 27
Time: 9:30 am to 12:00 pm
Location: LeBlond Recreation Center
Code: SCLB12
Fee: \$40 + a Pool Membership (\$20)



Additional Inclusive Opportunities for Children

Sensory Motor Gym – Free Play

Sensory integration is the ability to take in information through senses (touch, movement, smell, taste, vision and hearing), to put it together with prior information, memories, and knowledge stored in the brain, and then to make a meaningful response. The more experiences we have in the world around us, the more prepared we are for tomorrow. All children can benefit from sensory motor based play regardless of ability, as it is vital to proper development. Our Sensory Motor Gym Program is supervised by a Recreation Therapist with a variety of self-directed and therapist-directed play. Areas for fine motor, sensory, and gross motor play will be provided. Feel free to check out our fitness room and other programs around the Center while your child is enjoying therapeutic play, or join us for the Mommy, Daddy, Grandma, Grandpa, etc. and Me fun in the Sensory Gym!

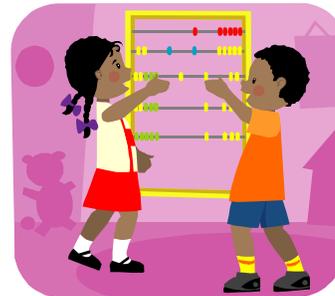


Ages: 2 – 5
Day: Wednesdays
Begin/End: March 7 – April 25
Time: 9:45 – 11:00 am
Location: LeBlond Recreation Center
Code: SMGS12
Fee: \$25
Contact Person: Kristen (513)352-4055

Motor Sensory Skills Playgroup

The Sensory Motor Skills Playgroup will focus on strength, endurance, and stretching in relation to fine and gross motor skill development for beginning sports skills. Participants will engage in a variety of land-based activities that include scooter boards, parachutes, dance, yoga, movement exploration, art, music, tactile sensory activities and more. Children with and without disabilities will discover ways to be active and use their motor skills to promote good health, fitness, and social interaction for a lifetime. Children will participate in developmentally appropriate play activities designed to foster physical, cognitive, and social development. Program activities will be designed by a Recreation Therapist and adapted to allow for all children to experience success. The small group setting provides opportunities for socialization and functional play with their peers.

Ages: 5 – 10
Day: Thursdays
Begin/End: April 19 – May 17
Time: 5:15 – 6:15 pm
Location: LeBlond Recreation Center
Code: MSSP12
Minimum: 6 Participants
Fee: \$50
Contact Person: Kristen (513)352-4055



Girls Only!

This Girls Only Program is one that encourages pre-teen girls to develop self-respect and a healthy lifestyle through various activities. The activities will address aspects of girls' development—their physical, emotional, mental, social, and spiritual beings. For additional information, please contact Katie at (513)352-4056. **Pre-Registration is required.**



Ages: 8 – 12
Day: Mondays
Begin/End: April 9 – May 7
Will be participating in the First Tee Golf Program at the Reeves Golf Course
Time: 4:30 – 6:00 pm
Location: Reeves Golf Course
Code: GOK12
Fee: \$10 for a Center Membership • **the program is FREE!**

Adapted Aquatics & Instructional Swim Programs

Our year-round swimming pools are located at the Mt. Auburn Recreation Center and the U.C. Campus Recreation Center. Our Mt. Auburn facility is accessible, with accessible parking, showers, toilet stalls, and an assisted dressing room. Several water entries and exits are available, including a pool chair lift and "easy ladder" with hand railings. The water temperature is maintained at a comfortable 87 degrees. The Keating Aquatic Center Pool at the U.C. Campus Recreation Center is an Olympic sized pool that is equipped with a chair lift, a moveable bulkhead and fixed blocks for diving and backstrokes. The water temperature for this pool is kept at a cooler 82 degrees, which is conducive for lap swimming.

Please Note: This spring and summer, our Mt. Auburn Pool will be undergoing renovations, and therefore we will not be able to offer our Spring 1 and Spring 2 Adapted Aquatics Sessions, or our Arthritis Aquatics Programs as usual. We will however be offering Summer Adapted Aquatics and TR Sharks Swim Team Sessions at our LeBlond Recreation Center Outdoor Pool.

Adapted Aquatics • Beginning & Intermediate Levels

Our individualized Adapted Aquatics Program is designed to include all ability levels by incorporating the Red Cross Swim Progression, the TR Sequential Swim Progression for individuals with physical disabilities, and the Dolan Method for individuals with autism. Participants are taught swimming skills, water safety and independence. Swimming is an inclusive recreational skill that can improve the participant's health and fitness. Lessons will be offered on Tuesdays and Thursdays this summer.

Please indicate your preferred day, time and code on the Program Registration Form.

Summer Session

Ages:	5 and Older	5 and Older
Days/Times:	Tuesdays: 4:30 – 5:10 pm 5:15 – 5:55 pm 6:00 – 6:40 pm Code: AATSU12	Thursdays: 4:30 – 5:10 pm 5:15 – 5:55 pm 6:00 – 6:40 pm Code: ATHSU12
Begin/End:	June 26 – August 2	
Cancellations:	None	
Location:	LeBlond Recreation Center Outdoor Pool	
Fee:	\$100 • Pre-Registration is required	
Contact Person:	Kristen (513)352-4055	

Swimming improves your health and fitness . . . and it's fun, too!!!

TR Sharks Swim Team

This program is for advanced swimmers, ages 6 & older, with cognitive and/or physical disabilities. Swimmers must be able to swim the length of the pool on front and back, and work in small groups of 3-5. Each swimmer will be evaluated on the first night of practice. If they do not meet the skill requirements, they will be offered an opportunity to swim in our Adapted Aquatics Program. Our Swim Team Program will offer participants lap swimming and stroke refinement. All participants will be encouraged to practice for our CRC City-Wide Swim Meets! This fun program is a great opportunity for swimmers to continue to perfect their skills and to improve their fitness!

Summer Session

Ages:	6 and Older
Days:	Tuesday & Thursdays
Begin/End:	June 12 – August 9
Cancellations:	None
Time:	6:45 – 8:15 pm
Location:	LeBlond Recreation Center Outdoor Pool
Code:	STSU12
Fee:	\$100 • Pre-Registration is required
Contact Person:	Kristen (513)352-4055



Instructional Swim Programs

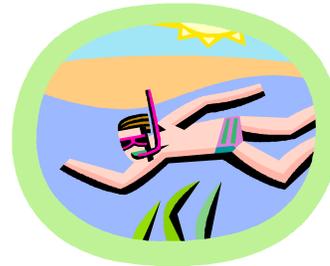
Under the Sensory Sea Snorkeling Experience

Snorkeling is a great, fun way to teach breath control, which is integral for calming and self-regulation in **all** children, including those with any type of Sensory Integration Dysfunction or Autism Spectrum Disorder. Once the child is comfortable with the facemask, fins, and other equipment, they will be free to explore **Under the Sensory Sea**. We have created an underwater sensory experience for children to explore while snorkeling in the shallow outdoor pool at the LeBlond Recreation Center. Coral is rough to the touch, while seaweed is slimier. Children will have the opportunity to enjoy a recreated interactive version of the way the ocean looks, feels, and sounds. Once kids get the hang of it, they can go deeper underwater for more intense hydrostatic pressure and see what lies on the bottom of the pool. If your child does not immediately take to the ocean like a fish, there will be a sandcastle building and other sensory land-based beach activities to enjoy. This is a great practice session before a family vacation, aquarium visit, or just another way to enjoy the water this summer.

Ages: 6 – 12
Date: Wednesday, June 27
Time: 2:30 – 3:30 pm
Location: LeBlond Recreation Center Pool
Code: USS112
Fee: \$35
Maximum: 10 Participants
Contact Person: Kristen (513)352-4055

Ages: 6 – 12
Date: Wednesday, August 8
Time: 4:00 – 5:00 pm
Location: LeBlond Recreation Center Pool
Code: USS312
Fee: \$35
Maximum: 10 Participants
Contact Person: Kristen (513)352-4055

Ages: 13 – 19
Date: Wednesday, July 25
Time: 1:30 – 2:30 pm
Location: LeBlond Recreation Center Pool
Code: USS212
Fee: \$35
Maximum: 10 Participants
Contact Person: Kristen (513)352-4055



Discover Scuba

If you have always wanted to experience the underwater world through the eyes of a Scuba Diver, then this is the perfect opportunity for you! We will supply all of the equipment, so all you need to bring with you is your bathing suit and towel to experience the excitement of breathing and swimming underwater! Certified Adapted Scuba Instructors from Scuba Unlimited will assist individuals in the water and facilitate a fun-filled encounter with sea creatures that just may be living in our pool! Instructors will work at the pace of the individual and make sure that everyone has an enjoyable scuba experience.



Ages: 12 and Older
Date: Tuesday, July 17
Time: 10:00 am – 12:30 pm
Location: LeBlond Recreation Center Pool
Code: SCUBA12
Fee: **FREE!**
Maximum: 50 Participants
Contact Person: Kristen (513)352-4055

Therapeutic Recreation Adapted Sports

Our Purpose

To provide recreational programs for persons with **physical disabilities** that allow the participant to have opportunities to learn new leisure activities, challenge themselves, make new friends, and build their self-confidence—overall, enhancing their quality of life.

Our Programs

Our activities throughout the year include . . . **Football, Golf, Bowling, Tennis, Strength Training, Handcycling, Adapted and Arthritis Aquatics, and Power Soccer.** You will also find listed some non-CRC programs that you might be interested in as well.

Our Staff

The Therapeutic Recreation leadership team has over fifty years of experience working with people with disabilities in a variety of settings. Most of our leaders have their degree in Therapeutic Recreation and hold a certification in Therapeutic Recreation—which requires a continuing education to maintain. They are professional, fun to be around, and most importantly, hold the safety of all CRC-TR participants in the highest regard.

Our Participants

The team prides themselves in being able to meet the needs of most individuals. Through participant assessments the staff does what they can to meet the needs of anyone wanting to participate in our programs. With a little duct tape and some imagination, they can do amazing things! There will be times however, when circumstances prohibit participation for some individuals. Since you won't know unless you try, come on out and have some fun!

To hear about our current programs, receive the Paralympics Sport Scoop monthly newsletter, or ask any questions, please call Ann-Marie at (513)352-2549. Or—you can always check out our website at

www.cincyrec.org/TR

Abilities

Empowerment

Friends

Challenge

Self Confidence

BlazeSports Clubs Cincinnati
Cincinnati Recreation Commission

PARALYMPIC SPORT CLUB

Cincinnati Recreation Commission

Therapeutic Recreation Adapted Sports

The programs listed on this page and the following two pages are available for participants with physical disabilities and visual impairments, beginner to advanced skill levels.

Power Soccer

Power Soccer is the first competitive team sport designed and developed specifically for **power wheelchair users**. Athletes' disabilities include quadriplegia, multiple sclerosis, muscular dystrophy, cerebral palsy, and many others. The game is played in a gymnasium on a regulation basketball court. Two teams of four players each attack, defend, and spin-kick a 13-inch soccer ball in a challenging game similar to able-bodied soccer.

This year, we are excited to offer two teams/levels. Beginners/Intermediate for those working on maneuverability, rules of the game, and developing skills—and Team/Competitive for those who wish to take their skills to the next level and compete against other teams in the region that utilize the USPSA laws of the game.



	Beginners/Intermediate	Team/Competitive
Ages:	6 and Older	6 and Older
Day:	Saturdays	Saturdays
Begin/End:	April 14 – June 9	April 14 – June 9
Cancellations:	May 26	May 26
Time:	2:00 – 3:30 pm	12:30 – 2:00 pm
Location:	LeBlond Recreation Center	LeBlond Recreation Center
Code:	PSB12	PSC12
Fee:	\$30	\$30
Registration	Friday, April 6	Friday, April 6
Deadline:		
Contact Person:	Adam (513)352-4629	Adam (513)352-4629

For more information, please check out www.powersoccerusa.org

Traditional leg rests are needed to accommodate guard, but other modifications may be available. Equipment is provided on site.

Wheelchair Tennis Program

Learn how to play tennis or come to improve your game while you enjoy the beautiful views of Sawyer Point! A certified Wheelchair Tennis Instructor takes our participants through drills and play, providing opportunities at every level. Tennis wheelchairs and tennis rackets are available to borrow for this program. All you need to do is sign up and show up ready to learn to play!

Ages:	8 and Older
Day:	Tuesdays and Thursdays
Begin/End:	June 19 – August 23
Cancellations:	None
Time:	6:30 – 8:30 pm
Location:	Sawyer Point Tennis Courts at Bicentennial Commons
Code:	WCT12
Fee:	\$40
Min/Max:	5/Unlimited Participants
Registration Deadline:	Friday, June 15
Contact Person:	Adam (513)352-4629



Therapeutic Recreation Adapted Sports

Adapted Strength Training Group

Join us at Corryville Recreation Center to get fit! This facility hosts fully accessible weight machines, and the program provides an on-site trainer to introduce you to these and/or assist with creating a workout plan.

Ages: 16 and Older
Days: Mondays and Wednesdays
Begin/End: April 9 – June 20
Cancellations: May 28
Time: 6:00 – 8:00 pm
Location: Corryville Recreation Center
Code: ASTS12
Fee: \$25
Contact Person: Adam (513)352-4629



“See Ya”—Sports Education Empowering Young Adults

“See Ya” stands for . . . Sports Education Empowering Young Adults! It’s a program developed for teens and young adults with physical disabilities. The program focuses on physical fitness through sports and related activities, education about adapted sports and physical fitness, and empowering young adults to be independent and break down barriers. Sessions will include outings into the community, adapted sports, independence, socialization, education about adapted sports opportunities, and education about disability resources. Individuals with physical disabilities will get to build relationships with their peers while enjoying a variety of exciting activities!



Ages: 14 – 21
Day: Saturdays
Dates: June 16, 30, July 14, 21, August 4, 18
Time: 2:00 – 5:00 pm
Location: LeBlond Recreation Center
Code: SY12
Fee: \$50
Min/Max: 5/10 Participants
Registration Deadline: Friday, June 1
Contact Person: Adam (513)352-4629

Adapted Golf Inclusion Partner League

This league is composed of twosomes, where at least one of the players has a physical disability. There are five, two-week windows in which to play a round of nine holes and subsequently post a team score. Golf courses to be played will be identified for each window and will rotate around the city. Solo Rider Carts and adapted equipment will be available for play, but must be reserved 48 hours in advance. The league will run June through August. **To finish out the season . . . there will be an end of season tournament and player appreciation event!**

Exact dates, rules and regulations will be available by the end of March. Please call or e-mail your interest in this activity to Ann-Marie at (513)352-2549, or annmarie.stuart@cincinnati-oh.gov

Therapeutic Recreation Adapted Sports

Veterans and Active Duty Service Members

Veterans and Active Duty Service Members with physical disabilities can now enjoy free CRC Center Memberships, free CRC Fitness Memberships, and Free Adapted Recreation Clinics! The Olympic Opportunity Fund has granted funds to our Paralympic Sports Club to provide programming for veterans and active duty service members with physical disabilities in the Greater Cincinnati area. For more information, please call Ann-Marie at (513)352-2549, or e-mail her at annmarie.stuart@cincinnati-oh.gov.

Other CRC Adapted Programs include . . .

Adapted Aquatics: *see page 9*

TR Sharks Swim Team: *see page 9*

Non-CRC Adapted Programs include . . .

Wheel Ballroom Dancing

“Wheel Ballroom Dancers” is recruiting individuals with and without disabilities, and of all physical abilities to take part in their Ballroom Dancing Program! Classes are offered for those who walk or use a wheelchair, whether it is motorized or manual. Experienced dancers, those with no experience, and even those with two left feet are urged to participate! Couples and singles are welcome. Learn some new dance skills and socialize with new friends! Impress your dance partner with new moves while you increase your strength, stamina, aerobic fitness and general well-being. Classes are offered every second and fourth Saturday of the month.



For more information on this non-CRC program, please contact the organization at (859)322-8838 (Instructors), (513)841-2822, info@ballettechincinnati.org, spamcw@aol.com, or <http://www.ballettechohiopaa.org>

Cincinnati Ice Breakers Sled Hockey

Sled Hockey is a sport adapted from Ice Hockey for persons with physical disabilities six years and older that cannot play standing hockey. Players should be able to propel a manual wheelchair and sit upright in the sled's bucket seat with the attached seatbelt. First time players will be taught the basics of ice hockey as well as how to put on their equipment, get into the sled and onto the ice.

This program is held on Mondays at 7:30 pm at Sports Plus (10765 Reading Rd., 45241). The program fee is \$35. If you are interested in learning more about this non-CRC program, please contact Renee at (513)244-4826, or at http://www.wix.com/sledhockey/cincinnati_sledhockey



Accessible Golf Programs

Accessible Golf

Golf is a sport that is open to persons of all abilities. CRC has developed an Accessible Golf Program that is one of the top in the nation. In addition to top of the line adapted golf equipment, the CRC Golf Pros have extensive training from the CRC Certified Recreation Therapists working with persons with physical and/or developmental disabilities, and hours of experience doing so.

Much of the success of our large adapted golf program is due to the six Solo Rider accessible golf carts that are housed regularly at our golf courses. **The accessible golf carts may be used by individuals who are 16 and older (with a driver's license), and have any type of mobility impairment (they are not limited to wheelchair users).** We also have adapted golf clubs designed to be used from a seated position, and in some cases, our golf professionals can adapt your current clubs to be used with the Solo Rider. The Solo Rider and clubs will be available for use at clinics, lessons, or can be available at the golf course you choose to play with prior request.

Accessible clinics, individual golf lessons, and instruction on using the Solo Rider Carts are available throughout the golf season. Please check with your favorite CRC golf course for more information!

Learn to Play Golf

Come out to the beautiful Reeves Golf Course on Saturdays and **Learn to Play GOLF!** This program is for anyone with a disability that wants to try golf for the first time, or just work on their game. You will receive instruction on your driving, chipping, and putting. For those individuals that have mobility impairments, we are able to provide Solo Rider Golf Carts. For additional information about this program, please contact Adam.

Ages:	8 and Older
Day:	Saturdays
Begin/End:	May 19 – July 14
Cancellations:	July 7
Time:	1:00 – 2:30 pm
Location:	Reeves Golf Course
Code:	LTPG12
Fee:	\$25
Registration Deadline:	Friday, May 11
Contact Person:	Adam (513)352-4629



Free Kids Golf Clinic!

Thanks to the Shining Light Charity Golf, we are offering a **FREE** golf clinic to teach children with disabilities the fundamentals of golf. Adapted equipment will be available. PGA Golf Pros trained in working with persons with disabilities will teach the clinics. Additionally, there will be CRC Therapeutic Recreation Staff on hand for support. Bring your own clubs or use the clubs provided.



Ages:	6 – 12
Date:	To be determined
Time:	To be determined (two hours)
Location:	Reeves Golf Course
Code:	KGC12
Fee:	FREE!
Registration Deadline:	To be determined
Contact Person:	Ann-Marie (513)352-2549

Sports & Fitness

Bike-N-Hike

Come join us for a fun-filled fitness experience! We will rotate between biking around Sawyer Point and hiking at various parks around Cincinnati. Bikes will be provided for use while at Sawyer Point. Come ready for a workout!

Ages: 16 and Older
Day: Tuesdays
Begin/End: April 3 – May 22
Rainout Date: May 29
Due to inclement weather or darkness
Location: Sawyer Point and Various Parks
Drop-Off/Pick-Up Location: LeBlond Recreation Center
Time: 5:00 – 7:30 pm
Code: BHS12
Maximum: 8 Participants
Fee: \$45
Registration Deadline: Friday, March 23
Contact Person: Teresa (513)352-4962



NEW Live Strong! **NEW**

For Individuals with Cognitive Disabilities

Come be a part of this fun, new program where you can learn all aspects of how to **Live Strong!** Learn about everything—health, nutrition, exercise, stress management, and how to live an overall healthy lifestyle. Don't wait any longer—join now and **Live Strong!** This new program is brought to you in cooperation with Walk of Joy, DHHC, and Gifts of Grace.

Spring Session

Ages: 16 and Older
Day: Mondays
Dates: April 16, 23, 30, May 7, 14, 21, June 4, 11
First night is an informational meeting. Caregivers are strongly urged to attend.
Cancellations: May 28
Time: 6:00 – 8:00 pm
Location: LeBlond Recreation Center
Code: LSS12
Fee: \$50
Maximum: 8 Participants
Registration Deadline: Friday, March 30
Contact Person: Whitney (513)352-4971

Summer Session

Ages: 16 and Older
Day: Mondays
Dates: June 25, July 2, 9, 16, 23, 30, August 6, 13
First night is an informational meeting. Caregivers are strongly urged to attend.
None
Time: 6:00 – 8:00 pm
Location: LeBlond Recreation Center
Code: LSSU12
Fee: \$50
Maximum: 8 Participants
Registration Deadline: Friday, June 8
Contact Person: Whitney (513)352-4971

Fitness Can Be Fun!

Miracle League of Cincinnati

The Miracle League is a national association whose goal is to provide opportunities for individuals with physical and cognitive disabilities to play baseball regardless of their abilities. The Miracle League is designed to give every individual the chance to play baseball. The rules are simple. Everyone hits, everyone gets on base, and everyone crosses home plate! Adapted equipment and on-field assistance with “buddies” ensures participation and fun for everyone!

Ages: 5 and Older
 Day: Saturdays
 Begin/End: April 13, Opening Night Ceremonies, 6:00–7:45 pm
 April 14 – July 21, Let’s Play Ball!
 Cancellations: May 26, July 7
 Time: 9:30 am – 12:30 pm
 Location: Dunham Recreation Complex
 Banquet Date: July 28 at the Kolping Center
 Code: ADB12
 Fee: \$25
 Registration Deadline: Friday, April 6
 Contact Person: Adam (513)352-4629



Miracle League Field—Phase 2!

This season the Otto Armleder Pavilion at the Miracle League Field at the Dunham Recreation Complex will be ready for use! This new structure will provide family restrooms, storage, and shelter for our Miracle League Program. We are once again very thankful to The Cincinnati Reds Community Fund, The Otto Armleder Trust, and the Cincinnati Recreation Commission for making Phase 2 of this complex a reality!

Above: Architect’s Rendering

Below: Let’s Play Ball!



Cincinnati Recreation Commission

Sports & Fitness

Learn to Play Tennis

For Individuals with Cognitive Disabilities

This eight-week program is designed to teach the basics of tennis strokes, grips, volleys and serves. Participants will be able to play a game and learn how to keep score. Join in on the fun and develop a life long leisure skill!

Ages: 13 and Older
Day/Dates: Thursdays – May 3, 10, 17, 24, 31, and June 7, 14, 21
Time: 6:30 – 7:45 pm
Location: Ryan Park Tennis Courts (Westwood)
Code: LT12
Fee: \$20
Registration Deadline: Friday, April 27
Contact Person: Teresa (513)352-4962



Inclusive Sports & Fitness

Beginner's Yoga

Taught by Natalie Hosfeld RYT, a Certified Interdisciplinary Yoga Instructor, the focus of this beginner's yoga class is to open all joints and the spine, which allows for increased mobility, stability, strength, and circulation. Class begins with easy stretches to warm the body while seated in a chair. For those that are able, we transition to a series of yoga exercises on the floor (on our backs, hands, and knees). Class will finish with balance postures and relaxation.



Ages: 18 and Older
Day: Mondays
Begin/End: Ongoing
Time: 5:00 – 6:00 pm
Location: LeBlond Recreation Center
Code: BYOG12
Fee: \$10 per class
Contact Person: Katie (513)352-4056

Senior Chair Volleyball and Lunch

Come check out this new program! The Division of Therapeutic Recreation is teaming up with the McKie/Camp Washington Center Seniors to have a fun, non-competitive morning of chair volleyball. Since we will be working up an appetite while playing, we will complete each session by having lunch with the Center Seniors for a small fee of \$1.25 per week (lunch menu will vary).

Ages: 50 and Older
Day: Wednesdays
Begin/End: April 4 – May 16
Time: 9:30 am – 1:30 pm
Location: Camp Washington Recreation Center
Pick-Up/Drop-Off Location: LeBlond Recreation Center
Code: SCV12
Fee: \$10
Plus an additional \$1.25 each week for lunch
Registration Deadline: Friday, March 30
Contact Person: Teresa (513)352-4962



Outings

Our outings require advance registration due to group rates or meal preparation. Please note the registration deadlines and be aware that these events may fill to capacity prior to the registration deadline. Group Home staff and aides are very welcome to attend, however it is imperative that we are notified of their wish to attend at the time of the participant's registration. Please use the Program Registration Form to indicate staff/aide attendance and include the necessary payment.

Participants registered for outings must arrive no later than 15 minutes after the scheduled arrival time or there will be a risk of being left behind. All participants must be dropped off and picked up at the proper location. Due to safety reasons, participants will not be allowed to be dropped off or picked up at the actual outing location.

Cookout and Campfire!

Come join us for a fun and relaxing evening under the stars! We will grill out and have a campfire with S'mores to finish off the evening. **Please bring your own camp chair/lawn chair for the evening.**



Ages:	18 and Older
Date:	Friday, May 4
Time:	7:00 – 9:30 pm
Location:	LeBlond Recreation Center
Code:	CCLB12
Fee:	\$20
Maximum:	20 Participants
Registration Deadline:	Friday, April 20
Contact Person:	Teresa (513)352-4962

Night Out at the Reds Game

Take me out to the ball game . . . and join us in cheering on the Cincinnati Reds! Don't miss out on this great American tradition!

Ages:	18 and Older
Date:	Tuesday, June 26
Program Location:	Great American Ball Park
Drop-Off/Pick-Up Location:	LeBlond Recreation Center
Time:	6:00 – 11:00 pm
Code:	CR12
Fee:	\$45 • Staff/Aide \$45 Don't forget extra money for snacks at the game!
Registration Deadline:	Friday, June 15
Contact Person:	Teresa (513)352-4962



Outings

BB Riverboat Tropical Dinner Cruise

Enjoy a taste of the islands and the spirit of Hawaii on a *Tropical Dinner Cruise!* Your buffet meal will include some island favorites for you to sample while you enjoy the smooth island music. Your cruise promises to be relaxing as you will end your evening gazing at the stars.



Hawaiian Style!

Ages:	18 and Older
Date:	Friday, July 20
Program Location:	101 Riverboat Row, Newport, KY
Pick-Up/Drop-Off Location:	LeBlond Recreation Center
Time:	5:30 – 10:30 pm
Code:	BBR12
Fee:	\$50 • Staff/Aide \$50
Registration Deadline:	Friday, May 18 <i>Due to risk of sell-out</i>
Contact Person:	Teresa (513)352-4962

Fun Day at The Beach!

Join in the fun and sun at **The Beach Waterpark!** If you're looking for a little relaxation, come and enjoy floating 1,200 feet around the park in inner tubes on the lazy Miami River, and then lounging at The Pearl, and oversized spa pool heated to 80 degrees and surrounded by live palm trees, rockwork and cascading waterfalls. Or, if you feel the need for speed—you'll love the Banzai, an 85-foot triple drop slide, The Cliff, a five-story free fall body flume with three seconds of pure air, and the Aztec Adventure, the Midwest's only water coaster!

Ages:	18 and Older
Date:	Saturday, August 25
Program Location:	The Beach Waterpark
Drop-Off/Pick-Up Location:	LeBlond Recreation Center
Time:	9:00 am – 5:00 pm
Code:	BEACH12
Fee:	\$45 • Staff/Aide \$45

Don't forget to bring money for lunch and snacks!

Registration Deadline:	Friday, August 3
Contact Person:	Teresa (513)352-4962



Important: Please indicate swimming ability on the registration form.

Outings

Overnight Camping Trip

Join us for a fun camping experience at Winton Woods Adventure Outpost! Participants will hike, canoe, fish, play games, and prepare meals in the great outdoors. The evening will include a campfire and tasty S'mores! Participants will fall off into a dreamy sleep in cabins under the stars. New leisure skills will be learned and social skills will be practiced.

Please Note: Individuals attending this trip must be able to dress, eat meals, prepare for bed and sleep independently.

Ages:	18 and Older
Dates:	Saturday & Sunday, September 15 & 16
Program Location:	Winton Woods Adventure Outpost
Drop-Off/Pick-Up Location:	Drop-Off is on Saturday at 12:00 pm , at the Winton Woods Adventure Outpost Pick-Up is on Sunday at 12:00 pm , at the Winton Woods Adventure Outpost
<i>Please note the change in drop-off and pick-up times!</i>	
Code:	OCTF12
Min/Max#:	Limited to 10 females and 10 males due to cabin sleeping spaces.
Fee:	\$100
Registration Deadline:	Friday, August 31
Contact Person:	Teresa (513)352-4962



Once registered, additional paperwork will be mailed to each participant. A liability waiver form and a medical form will need to be completed and submitted to our office prior to participation.

Visit the TR website at . . .

www.cincyrec.org/TR

Dances

Summer Hawaiian Luau Dance

Get out your Hawaiian gear and wear your leis to our Summer Hawaiian Luau Dance! We will be hosting the dance at our **NEW** location, the LeBlond Recreation Center. Come and celebrate summer by dancing to the music, socializing with friends, and enjoying some light snacks.



Ages:	18 and Older
Date:	Friday, July 6
Time:	7:00 – 9:30 pm
Location:	LeBlond Recreation Center
Code:	SLD12
Fee:	\$10 • Staff/Aide \$5
Registration Deadline:	Friday, June 22
Contact Person:	Adam (513)352-4629

Inclusive Activities at the LeBlond Recreation Center

Movie Night

Bring the family and a blanket, and enjoy an evening of Friendly Family Fun at Movie Night!

Ages:	All!
Date:	Friday, April 6
Time:	The movie starts at 7:00 pm sharp!
Location:	LeBlond Recreation Center Gym
Code:	FMN12
Fee:	FREE!
Registration Deadline:	Friday, March 30
Contact Person:	Katie (513)352-4056



Inclusive Activities at the LeBlond Recreation Center

Jewelry Design

Do you enjoy being crafty? Would you like to learn how to make beads, a pair of earrings, or a bracelet? Join us for this creative and fun opportunity to make your own jewels and be dazzling!



Ages:	16 and Older
Day:	Tuesdays
Begin/End:	May 1 – May 22 (4 days)
Time:	7:00 – 8:30 pm
Location:	LeBlond Recreation Center
Code:	JD12
Fee:	\$25 for a Center Membership – the program is free!
Min/Max:	4/8 Participants
Contact Person:	Alayne Kazin (513)352-4945

Family Night

Help us celebrate summer with a Fun-Filled Family Night! We will provide the main dish, and each family should bring their favorite side dish or dessert. Eat, socialize, and look forward to some fun activities for the whole family!

Ages:	All!
Date:	Friday, July 27
Time:	5:30 – 7:30 pm
Location:	LeBlond Recreation Center
Code:	FN12
Fee:	FREE!
Registration Deadline:	Friday, June 29
Contact Person:	Katie (513)352-4056



Additional recreation opportunities are listed at . . .

www.cincyrec.org

GUIDELINES

For Participants, Parents and Guardians

Prior to participating in any TR program, each participant must submit a current Program Registration Form, complete with participant/parent/guardian signature, to the Therapeutic Recreation Office. Please include all information requested to help the TR staff take appropriate precautions when planning programs. It is essential that we have a phone number where the parent/guardian can be reached during the program hours.

The TR staff members are not responsible for the supervision of participants before or after the designated program times. The TR staff members are not responsible for providing transportation from the program site to the participant's home at the conclusion of the program. Participants using ACCESS transportation must schedule drop-off/pick-up times within the designated program times.

If someone other than the parent/guardian will be picking up a participant at the conclusion of the program, advance written notification must be given to the program director. A late pick-up fee of \$5 for each quarter hour will be assessed to any parent/guardian late in picking up the participant at the conclusion of the program.

Guidelines for Managing Behavior

The TR staff members are instructed to use positive reinforcement and to provide a structured program in order to minimize negative behaviors. If negative behavior should occur, a brief time-out is the approved method of behavior management. If a behavior plan has been developed, or if you have specific techniques used at home, please inform the TR staff so we may support your efforts. If, in the opinion of the TR staff, a participant becomes unmanageable and potentially dangerous to themselves or others, the parent/guardian will be contacted to take the participant home. If a participant leaves the program site during program hours and the TR staff are unable to return the participant without risk of injury, the parent/guardian will be contacted to take the participant home. If the parent/guardian is unable to be reached or does not respond quickly, the TR staff may be required to call for police assistance. Staff members who are trained/certified in Non-Violent Crisis Intervention (CPI) will intervene in the management of aggressive behavior with participants enrolled in our programs. A participant who becomes physically aggressive with others in the program setting may be subject to specific "holds" designed to physically control aggressive individuals. These holds are non-aversive and are only used as a last resort (if the participant has become a danger towards themselves or others).

Participants with Specific Health/Medical Issues

Due to the physical requirements of some activities, participants with certain health or medical conditions may be asked to provide a physician's written consent prior to participation. For participants requiring medication during program hours, a medication waiver form must be completed and submitted prior to the TR staff assisting with the administration of medication.

Guidelines for Residential Agencies

If a group of four or more participants from a specific agency attend a TR Program, we request that a staff member from the agency attends the program and assists the TR staff in leading the activities. In the event your agency will not be attending a program for which you have registered, please notify the TR Office in advance. If the decision not to attend is made late, please attempt to notify the program director. Agency staff attending events or outings must provide the necessary payment for meals and/or admission fees (see Registration for All Therapeutic Recreation Programs).

REGISTRATION

For all Therapeutic Recreation Programs

Complete the Program Registration Form (insert). List the program code, name, location and fee for each program that the participant is registering for.

Mail or bring the completed form with a check or money order to the Cincinnati Recreation Commission, Therapeutic Recreation, 805 Central Ave., Ste. 800, Cincinnati, OH, 45202. Make the check or money order payable to the Cincinnati Recreation Commission. There is a \$15 fee for any dishonored check submitted. Please do not send cash through the mail. We now accept credit card payments (MasterCard/Visa) for program registration. Please complete and submit a program registration form, and then call our office with the credit card information.

The CRC Division of Therapeutic Recreation is happy to announce that we have become a State of Ohio Waiver Provider for Level 1 and I/O waivers! Prior to approval to use a waiver as payment for TR programs, a deposit may first be made for the program of choice. At this time, waivers may be used to pay for our Adapted Aquatics Program, TR Sharks Swim Team Program, TR Summer Day Camps, and Teen E.N.E.R.G.Y. Camp, only.

The Division of Therapeutic Recreation would also like to announce the creation of a scholarship fund to assist participants who may need financial assistance with program registration fees for our programs (with the exception of our TR, E.N.E.R.G.Y., and Inclusion Day Camp Programs). Please request a scholarship application form by calling our office at (513)352-4028. **If you are interested in contributing to the scholarship fund, please contact Alayne at (513)352-4945.**

Program registration will not be accepted without program payment. The completed program registration form and payment must be received in the administrative office (805 Central Ave.) before the participant may attend the program. The Participant/Parent/Guardian release must be signed prior to participation. Please continue to call us for information about programs or if you need help with registration.

We do send confirmation of registration. If the program has reached capacity or your registration is unable to be accepted for another reason, you will be notified and payment refunded. Please note the registration deadlines for each program! Registrations may not be accepted after the deadline.

Refunds of program fees are considered if the program is cancelled or filled to capacity, if the participant has a verified medical reason, or, in the opinion of the TR staff, the placement is inappropriate.

Certain programs such as dances and outings that require purchases of meals and/or admission tickets in advance may be refunded up until the published registration deadline for the program. If an individual on a waiting list for a program can be substituted for an individual requesting a refund, we will attempt to satisfy all parties' requests.

There will be no refunds for weather related cancellations for therapeutic recreation programs that meet on an ongoing basis or have multiple sessions. Other types of refunds for cancellations will be evaluated as they occur.

During inclement weather, please listen to our Local Channel 12 to find out about program cancellations.



Therapeutic Recreation
 805 Central Avenue, Suite 800
 Cincinnati, OH 45202
 Phone: 513.352.4028
 Fax: 513.352.4637
 www.cincyrec.org/TR

Program Registration Form

Would you like to continue to receive program guides or e-mails?

Program Guides _____ E-Mails _____

Please complete the front and back of this form by providing us with the information that has been requested. For legibility purposes, please print all information that you provide. Return this form with a check or money order made payable to **Cincinnati Recreation Commission**. If paying by credit card (MasterCard/Visa), please call our office with your card information. Registration Forms and payment may be mailed or delivered to The Cincinnati Recreation Commission (address above). For additional information, please call us at (513)352-4028. Need additional registration forms? Please visit our website at www.cincyrec.org/TR!

Participant Information

First Name	Last Name	Date of Birth	Age	Gender	T-Shirt Size (Child/Adult)
Street Address		City		State	Zip Code
Home Phone		Alternate Phone(s) - other than home		E-Mail Address	
Parent/Guardian Name		Relationship		Phone Number(s)	
Parent/Guardian Name		Relationship		Phone Number(s)	
Emergency Contact Name (other than parent)		Relationship		Phone Number(s)	
Group Home / Agency		Contact Name		Phone Number(s)	

Disabling Condition

Please identify the participant's disabling condition. Circle all that applies to the participant and/or write in any disabling condition not listed.

Amputation	Cerebral Palsy	Mental Illness	Spinal Cord Injury -
Arthritis	Childhood Disintegrative Disorder	Mental Retardation: Mild – Moderate – Severe	Injury Level: _____
Asperger Syndrome	Down Syndrome	Muscular Dystrophy	Vision Impairment -
Attention Deficit Disorder	Head Injury	Multiple Sclerosis	Blind – Low Vision - Other
Autism	Hearing Impairment / Deaf	Rett's Syndrome	Other: _____
Behavioral Disorder	Learning Disability – Type _____	Spina Bifida	_____

Does the participant walk independently? Yes No

If not, what type of assistance is required? Wheelchair Walker Other (please specify) _____

Does the participant eat independently? Yes No

If not, what type of assistance is required? _____

Does the participant dress independently? Yes No

If not, what type of assistance is required? _____

Does the participant use the bathroom/toilet independently? Yes No

If not, what type of assistance is required? _____

Does the participant communicate through speech? Yes No Use Boardmaker? Yes No

If not, what type of communication is used? _____

Additional information that would assist in programming for the participant: _____

Medical Information

Please circle all that apply to the participant:

Allergies (specify below)	Catheter	Hearing Aid	Scoliosis
Arthritis	Diabetes	Heart Condition	Shunt
Asthma	Diet Restriction	Hemophilia	Tracheotomy
Atlantoaxial Subluxation	Ear Tubes	High Blood Pressure	Other: _____
Braces (Orthopedic)	Glasses	Prosthesis	_____

Please provide specific information for medical conditions we should be aware of (allergies, activity restrictions, etc.):

Does the participant have seizures: Yes No

If yes, what type? Grand Mal Petit Mal Other _____

If yes, how often does the participant have seizures? _____ Date of last seizure: _____

Please identify the name, dosage and time of any medication the participant is currently taking:

Medication Name _____ Dosage _____ Time _____
 Name _____ Dosage _____ Time _____
 Name _____ Dosage _____ Time _____

Program Information

Please provide us with the participant's program choices below.

Program Code	Program Name / Location / Preferred Swim Time	Fee
		\$
		\$
		\$
		\$
		\$
<i>Please remember to register staff/aides for each program, if applicable! Interested in making a donation? Please call us at (513)352-4028!</i>		
Method of Payment: Cash _____ Check _____ Money Order _____ Credit Card _____ call us with card info		Amount Enclosed \$

Are you a new participant? Yes No If yes, how did you hear about us? _____

What type of transportation does the participant have?

Self Parent/Guardian Metro Group Home Staff Access - I.D.# _____

Participant / Parent / Guardian Release

As a participant or as a parent/guardian of the participant in this program, I recognize that there are certain risks of physical injury and I agree to assume the full risk of any injuries, damages or loss resulting from participation in any and all activities connected with or associated with such program. I agree to waive and relinquish all claims I may have, as a result of my or my son's/daughter's participation in the program, against the Cincinnati Recreation Commission, City of Cincinnati, and their agents, employees, staff and volunteers. I do hereby fully release and discharge the Cincinnati Recreation Commission, City of Cincinnati and their agents, employees, staff and volunteers for any and all claims from injuries, damage or loss which I have or which may accrue to me on account of my son's/daughter's participation in the program. I further agree to protect, defend and hold harmless the Cincinnati Recreation Commission, City of Cincinnati, and their agents, employees, staff and volunteers from any and all claims resulting from injuries, damage or losses sustained by myself or my son/daughter or arising out of, connected with, or in any way associated with the activities of the program. I have read and fully understand this release form. **Before registration in this program(s) is valid, this release form must be signed by the participant or the participant's parent or legal guardian.**

Signature of Participant / Parent / Guardian _____ Date _____

Multi-Media Release

I, the undersigned, hereby authorize the Cincinnati Recreation Commission to utilize photographs, videotapes, voice recordings, etc. of the participant to be used exclusively for promotion, advertising and marketing of the Cincinnati Recreation Commission and its programs.

Signature of Participant / Parent / Guardian _____ Date _____

Support & Scholarship Information

Support Our Services!

The Division of Therapeutic Recreation provides several opportunities for you to show your support for the services we provide to the community! Without the support of our constituents, our programs and services are limited. If you are committed to pledging your support to the programs and services provided by the Division of Therapeutic Recreation, we ask that you explore one of the opportunities listed below . . .

Sponsorship – TR implements many programs for a variety of populations (ages and disabilities). We offer several special events throughout the year that businesses, corporations and organizations could choose to provide sponsorship for. As a potential sponsor, you could receive additional recognition for the funding provided for a special event.

Donations – Financial or in-kind donations are always welcome! Contributions made to the Cincinnati Recreation Foundation are tax deductible to the fullest extent of the law. The CRC Foundation is a 501c3 non-profit organization whose purpose is to aid and improve the quality of life for Cincinnati citizens. These tax-deductible donations give the Foundation an opportunity to supplement current services and to provide an immediate impact to the City of Cincinnati. By donating to the Cincinnati Recreation Foundation, you are able to identify what you would like the funds to be spent on. If you are interested in making a monetary donation to the Division of Therapeutic Recreation, please make checks payable to the Cincinnati Recreation Foundation. Checks should be mailed to 805 Central Avenue, Suite 800, Cincinnati, Ohio 45202. Please specify you are making a donation to the Therapeutic Recreation Division. For more information, please call Alayne at (513)352-4945.

Volunteer – The Therapeutic Recreation Division needs volunteers to assist our staff with programming! There are many opportunities to volunteer! Whether it's an ongoing program or a special event, we are always in need of assistance to provide individualized attention to those we serve. Volunteers must be at least 14 years of age. If you would like more information on volunteer opportunities and/or a volunteer application, please call Teresa at (513)352-4962.

Scholarship Fund

The Division of Therapeutic Recreation is proud to announce the creation of a scholarship fund to assist participants who may need financial assistance with program registration fees for the TR programs that we offer (with the exception of our TR, E.N.E.R.G.Y., and Inclusion Day Camp Programs). Please request a scholarship application form by calling our office at (513)352-4028. If you are interested in contributing to the scholarship fund, please contact Alayne at (513)352-4945.

Thank You To Our Sponsors!

In these days of budget crunching, we want to take the time to send sincere thanks out to those individuals and organizations that provide sponsorship and funding to the Division of Therapeutic Recreation. Many of our current programs could not be implemented without the financial assistance of the following individuals and/or organizations:

Billy Casper Golf
Character and Courage Foundation
Cincinnati Reds Community Fund
D.A.G. Construction
Gatorade
Great American Insurance
Hamilton County Special Olympics
Miracle League of Greater Cincinnati & Northern KY
Push America
Robert W. Baird & Co.
Shining Light Foundation
US Paralympics-Olympic Opportunity Fund

Bridgetown Baseball Association
Cincinnati Recreation Commission Foundation
City of Cincinnati
Elder High School
GCTA
Greater Cincinnati Health Foundation
Kid Glove
NRPA
RHC/CITE Services
Rotary Club of Cincinnati
Trident
USTA – Midwest Section

Cincinnati Recreation Commission

Facility Directory

CRC Recreation Centers

Bond Hill	1501 Elizabeth Pl. (37)	242-9565
Bush	2640 Kemper Ln. (06)	281-1286
Clifton	320 McAlpin Ave. (20)	961-5681
College Hill	5545 Belmont Ave. (24)	591-3555
Corryville	2823 Eden Ave. (19)	221-0888
Dunham Complex	4356 Dunham Ln. (38)	251-5862
Evanston	3204 Woodburn Ave. (07)	861-9417
Hartwell	8275 Vine St. (16)	821-5194
Hirsch	3630 Reading Rd. (29)	751-3393
LeBlond	2335 Riverside Dr. (02)	352-4013
Lincoln	1027 Linn St. (03)	721-6514
Madisonville	5320 Stewart Rd. (27)	271-4190
McKie	1655 Chase Ave. (23)	681-8247
Millvale	3303 Beekman St. (25)	352-4351
Mt. Auburn	270 Southern Ave. (19)	381-1760
Mt. Washington	1715 Beacon St. (30)	232-4762
North Avondale	617 Clinton Springs (29)	961-1584
Oakley	3882 Paxton Ave. (09)	321-9320
Over the Rhine	1715 Republic St. (10)	381-1893
Pleasant Ridge	5915 Ridge Rd. (13)	731-7894
Price Hill	959 Hawthorne Ave. (05)	251-4123
Sayler Park	6720 Home City Ave. (23)	941-0102
Westwood Town Hall	3017 Harrison Ave. (11)	662-9109
Winton Hills	5170 Winneste Ave. (32)	641-0422

Additional TR Program Locations

TR Main Office	2335 Riverside Dr. (02)	352-4028
BB Riverboats	101 Riverboat Row Newport, KY (41071)	859-261-850
The Beach Waterpark	2590 Water Park Dr. Mason, OH (45040)	398-7946
Camp Washington Center	1201 Stock St. (25)	681-6046
Great American Ball Park	100 Main St. (02)	765-7000
The Miracle League Field at the Dunham Recreation Complex	4356 Dunham Ln. (38)	251-5862
Reeves Golf Course	4757 Playfield Ln. (26)	321-2740
Ryan Park Tennis Courts	Fischer Pl. & Meyer Pl. (11)	NA
Sawyer Point	815 E. Pete Rose Way (02)	352-6180
University of Cincinnati Campus Recreation Center	2820 Bearcat Way (21)	556-0604
Winton Woods Adventure Outpost	10299 McKelvey Dr. (31)	521-2345

Golf Courses

Avon Fields	4081 Reading Rd. (29)	281-0322
California	5920 Kellogg Ave. (28)	231-6513
Glenview	10965 Springfield Pike (46)	771-1747
Neumann	7215 Bridgetown Rd. (48)	574-1320
Reeves	4757 Playfield Ln. (26)	321-2740
Woodland	5820 Muddy Creek Rd. (33)	451-4408

Pools • Indoor & Deep Water

Mt. Auburn Pool	270 Southern Ave. (19)	381-6780
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CRC INFOLine (513)352-4000 ♦ TR Main Office (513)352-4028

www.cincyrec.org

**Most Zip Codes are Prefix 452
Most Phone Numbers are Area Code 513**

Cincinnati Recreation Commission

Kazava Smith, President
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 Roscoe A. Fultz, Member
 Stephen MacConnell, Member
 Chris Nelms, Member
 Christopher A. Bigham, Director
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