

Krueck Indoor Pool Spring 2008 Schedule

March 10 – May 17

All programs require a CRC pool membership \$5.00 All Ages

2008 City-wide pool memberships valid at all CRC pools (except Otto Armleder at Dunham TBD) for the entire year through 12/31/08.

Aquacise – Water Aerobics

Monday – Friday	6:00pm – 7:00pm	\$3 / 1 class
Saturday	9:00am – 10:00am	\$25 / 10 classes (\$2.50 / class)
		\$45 / 20 classes (\$2.25 / class)

Stingrays USA Swim Team

(ages 5 to 17)

Monday – Friday	6:00pm – 8:00pm	\$300 / year or \$125 / quarter
USA Swimming Outreach		\$150 / year or \$50 / quarter

Pre-Swim Team

- Therapeutic Recreation Program for individuals with disabilities ages 6 and up who meet certain skill requirements.

Swimmers will work on skills needed to swim competitively. Call Kyra Ertley at 352-4962 with questions.

*March 25 – May 13

Tuesday	5:00pm – 6:00pm	\$60 / quarter
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Fitness Lap Swim

Monday – Friday	8:00pm – 9:30pm	\$20 / quarter
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American Red Cross Swim Lessons – Private lessons are available - \$15 / 30 min. lesson or \$50 / 4 lessons

Session 1 March 11 – April 10

Session 2 April 15 – May 15

Adults	Level 1, 2 & 3	Tues. & Thurs.	8:00pm – 8:45pm	\$30 / session (10 classes)
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Swim Stroke Clinic – ages 14 & older

Instructional swim sessions to prepare for American Red Cross Lifeguard Training courses and employment with CRC

Call 357-POOL(7665) to register for one or more two week swim stroke clinic sessions.

Session 1	March 3 – March 14	Mon-Fri	7:00pm – 8:00pm	Free with pool membership for those 14 & older interested in becoming lifeguards. (Attend as many swim stroke clinics as you can. The more you swim, the sooner you'll be ready for the lifeguard course.)
Session 2	March 17 – March 28	Mon-Fri	7:00pm – 8:00pm	
Session 3	March 31 – April 11	Mon-Fri	7:00pm – 8:00pm	
Session 4	April 14 – April 25	Mon-Fri	7:00pm – 8:00pm	
Session 5	April 28 – May 9	Mon-Fri	7:00pm – 8:00pm	
Session 6	May 12 – May 23	Mon-Fri	7:00pm – 8:00pm	
Session 7	May 27 – May 30	Mon-Fri	7:00pm – 8:00pm	

American Red Cross Lifeguard Training Classes & Swim Stroke Clinics are ongoing year round
Call the Aquatics Division for more information (513)357-POOL (7665)

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