Cincinnati Recreation Commission

Two Centennial Plaza
805 Central Avenue, Suite 800
Cincinnati, OH 45202-1947
Phone: (513)352-4020
Fax: (513)352-1605

Athletic Division

32nd ANNUAL 7 HILLS RUN/WALK

OFFICIAL ENTRY FORM

PLEASE PRINT OR TYPE
(One entrant per form)

RUNNER'S # _____

NAME _____ PHONE (H) _____ (W) _____

ADDRESS_____
Street Address *City* *State* *Zip*

SEX: MALE _____ FEMALE _____

PLEASE CIRCLE ONE: RUN WALK

Applications and payment will be accepted at the CRC Athletic Office Monday through Friday from 8:00 a.m. until 4:45 p.m. Payment may be made with cash, check, money order or Visa or Mastercard. Individuals may also register on-line, by phone or by faxing an application along with a Visa or Mastercard number and expiration date. Applications should accompany all payments being mailed to CRC.

Make check payable/mail to: Cincinnati Recreation Commission – Athletics
Two Centennial Plaza
805 Central Avenue, Suite 800
Cincinnati, OH 45202-1947
Attention: Seven Hills Run/Walk

RUN DATE: 12/6/2009

START LOCATION: Lincoln Center
1027 Linn St.
Cincinnati, OH 45203

Please report no later than 9:30 a.m. – The Run begins promptly at 10:00 a.m.

_____ $15.00 Pre-Registration

_____ $25.00 Pre-Registration & Long Sleeve T-Shirt

_____ $20.00 Registration – Day of Run

_____ $30.00 Registration & Long Sleeve T-Shirt
Day of Run (if available)

Circle Size Needed: S M L XL

over

In consideration of the acceptance of my entry, I do hereby for myself, my executors, administrators and assignees release and forever discharge the officials, administrators and all sponsors, volunteers, organizers and officials of the City of Cincinnati, Cincinnati Recreation Commission, together with all other individuals and entities assisting in the presentation of the Seven Hills Run/Walk from all claims of damages, demands, and actions whatsoever in any manner arising from or associated with my participation in or the administration of this event.

I understand that this is a run, not a race; that there is no police or course protection during the run; that I am responsible for seeking and using safe pathways and sidewalks whenever possible to avoid running in or near streets and roadways; and that, I am individually and solely responsible for my own safety while completing the course.

I attest, verify and agree that I have knowledge of the risks involved in this event, that it is a very strenuous and difficult course, and that I am physically fit and specifically trained to participate in the Seven Hills Run/Walk.

I hereby further expressly agree that I will obey the directions of course officials and such other signals or instructions I may be given as to the route and path upon which I will complete the Seven Hills Run/Walk.

SIGNATURE _____ DATE _____

PARENT'S SIGNATURE _____ DATE _____

(Required for entrants under age 18)

In case of emergency contact _____ ***Phone*** _____

DO NOT WRITE BELOW THIS LINE – RECREATION USE ONLY

Entry Fee: _____

Method of Payment: **Cash** _____ **Check/M.O. #** _____ **Visa/Mastercard Approval #** _____

Receipt#: _____ **Received By:** _____

Deposit To: **323 x 197 x 4783 x 8674.51 x 0000**