

# Cincinnati Recreation Commission

**American Red Cross**

**GUARD  
START™**

**LIFEGUARDING TOMORROW**

*Encouraging Future Lifeguards*

**“LEARN  
AND  
EARN”  
PROGRAM**

**Youth 11-14 years old**

**June 15 - July 23 (6 weeks)**

**Monday - Thursday: 3 hours between 9:30am & 5:30pm**

Hours vary by pool location (see below), includes 1/2 hour lunch break and FREE lunch at many sites.

**Registration at all Guard Start Pools -Beginning Wed. June 10th 12:00 noon.**

**Ten to Fifteen** students per site will be selected on a **first come basis**.

Additional registration is available during pool hours after June 10th.

Parents are not required at registration but must complete the registration form by June 25th.

## Guard Start Participating Pools

Bond Hill	11:30am-2:30pm	McKie	10:00am-1:00pm	Otto Armleder	
Bush	12:00pm-3:00pm	Millvale	2:30pm -5:30pm	@ Hirsch	11:00am -2:00pm
Camp Washington	11:00am-2:00pm	Mt. Washington	10:00am-1:00pm	Over The Rhine	2:30pm -5:30pm
Dempsey	11:00am-2:00pm	North Fairmount	12:00pm-3:00pm	Pleasant Ridge	9:30am -12:30pm
Dickman	11:30am-2:30pm	Oakley	10:00am-1:00pm	Ryan	10:00am-1:00pm
Filson	11:00am-2:00pm	Otto Armleder		Washington Park	2:30pm -5:30pm
Hartwell	11:00am-2:00pm	@ Dunham	10:00am-1:00pm	Winton Hills	12:00pm -3:00pm
Lincoln	11:00am-2:00pm	Otto Armleder		Ziegler	11:00am -2:00pm
Madisonville	12:00pm-3:00pm	@ Hanna	11:30am-2:30pm		

## Guard Start Competition Sat. July 18 , 10am-5pm at Ryan Pool (3324 Meyer Place)

This "Learn and Earn" program gives your child a jump start into **Red Cross lifeguarding**. This program will help your child build a foundation of knowledge, attitudes and skills to become a future lifeguard. Your child will receive instruction in: *prevention, fitness, response, leadership, professionalism, and swimming skill development*. Your child can earn incentive items, like goggles, a t-shirt, and a swimsuit through a structured program designed to encourage job skills like timeliness, trying hard, and appropriate behavior.

For more information contact your CRC pool or Matt at **513.357.POOL (7665)**