



18 September 2008

All Health Centers are now Open

The Ambrose H. Clement Health Center, Braxton F. Cann Health Center, Elm Street Health Center, Northside Health Center, Millvale and Price Hill Health Centers are now open with full services. If you had an appointment at any of our Centers during the time they were closed, you must reschedule.

Helpful Tips regarding Refrigerated Food Items

1. Use Common Sense. When in doubt, throw it out!
2. Keep your refrigerator and freezer doors closed as much as possible.
3. A refrigerator will normally keep food safe for about 4 hours if unopened. The freezer will hold temperature for approximately 48 hours if full and 24 hours if half full, if the door remains closed.
4. Always keep meat, poultry, fish, and eggs refrigerated at or below 40 degrees Fahrenheit and frozen food at or below 0 Fahrenheit. Place dry or block ice in refrigerator to keep it cold if the power will be out for a long period of time.
5. Never taste food to determine if it is safe.
6. Food thermometers will help you know if food is safe. Place a thermometer in the refrigerator and freezer so you can determine how long food has been kept at an unsafe temperature.

Restaurants and Food Service Vendors

You are advised that if your power is lost, stop serving food right away and make sure your food storage equipment is closed tightly. Once power is restored, check food temperatures and discard any food above 40 degrees F **IMMEDIATELY**.

For More Information please contact:

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